

# David Fried M.S.W CASAC-Candidate



Phone, SMS, WhatsApp

051-544-5988



Email

davidfriedhelp@gmail.com



Website

www.davidfried.help

## P.A.T.H.O.S

PATHOS is a brief sexual addiction screening questionnaire developed by  
Dr. Patrick Carnes

- Do you often find yourself preoccupied with sexual thoughts? (**P**reoccupied)
- Have you ever sought help for sexual behavior you did not like? (**T**reatment)
- Has anyone been hurt emotionally because of your sexual behavior? (**H**urt others)
- Do you feel controlled by your sexual desire? (**O**ut of control)
- When you have sex, do you feel depressed afterwards? (**S**ad)

If you answer “Yes” to 3 or more of these questions, it is recommended that you or your client speak with a trained therapist to explore your responses. [Feel free to contact me for a free consultation](#) or click [here](#) to find a licensed clinical sex addiction counselor (CSAT).

Geeky stuff:

PATHOS: A brief screening application for assessing sexual addiction, by Dr. Patrick Carnes was published in the Journal of Addiction Medicine: March 2012 - Volume 6 - Issue 1 - p 29–34 [For more information on the science click here.](#)

Using the PATHOS Questionnaire for Screening Sexual Addiction Among College Students: A Preliminary Exploration was published in the journal Sexual Addiction & Compulsivity The Journal of Treatment & Prevention Volume 22, 2015

- Issue 2: Understanding of Divergences in Sexual Behaviors. [For more information on the science click here.](#)

PATHOS: A Quick Screening Method for Assessing Sexual Addiction published in The Journal of Pastoral Care & Counseling September 1, 2013 [For more information on the science click here.](#)